



# Capacity building on HIV/AIDS care in the eastern regions of Uganda, a collaborative initiative of the UK and Ugandan Physicians: a model for North-South capacity building collaboration

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# Objectives



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- To initiate regular annual HIV/AIDS conferences and training to update senior clinicians in position of HIV/AIDS care leadership in the eastern regions of Uganda
- To train 'master class' of senior clinicians to carry out HIV/AIDS care mentorship activities in the region



# Objectives cont...



- To tackle key areas in the HIV/AIDS care that require development, adoption, modification and information on the process of guidelines development in the region and the country as a whole,
- To initiate and participate in collaborative HIV/AIDS research,
- To develop networks within Uganda and between Uganda and EU.



# Methods (1)



- The MRRH and the M-PROJ in Uganda developed a collaboration with MforM Africa a UK based charity on capacity building in eastern Uganda.
- The strategy was to hold annual conferences and training sessions based on a set curriculum
- The conferences are held annually



## Methods (2)



- Training sessions we held twice yearly – mid year sessions and end of year sessions, the former lasts 1 day and the latter 5 days.
- Trainers were identified from within Uganda and the UK (Great Ormond street Hospital, Mildmay, Chelsea and Westminster hospitals)



# Results (1)



- 3 annual conferences have been held since 2006 and the 4<sup>th</sup> is due in November 2009,
- An average of 35 participants have regularly attended all the conferences,
- An average of 30 participants have had mid year training sessions,



## Results (2)



- 9 mentorship training sessions by the 'master class' have been held and facilitated by the Meadway Award,
- Over 300 health workers have been mentored by the 'master class' and another 60 are due by end of November 2009,
- Mentoring resource materials are available,



# Discussion & Conclusions



- Collaboration training between Ugandan and UK partners is a cheap, affordable and sustainable way to build local capacity to prevent and treat HIV/AIDS,
- Through collaboration research partners are able to inform policy and modify guidelines on HIV/AIDS care,



# Future perspectives



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- Widen the networks,
- Create reliable and sustainable funding,
- Engage in collaboration clinical trails in HIV/AIDS,
- Regularise local recognition of trained clinicians in the region,



THANK YOU